



Ingardia Bros. Produce

www.ingardiabros.com

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Price good through August 2022

Locally Grown: JV Fig Ranch

California Brown Figs

1-layer (18 to 28 count) / Item code: 2645

Although it is considered a fruit, a fig is a flower that is inverted into itself. With a chewy texture and crunchy seeds, fresh figs hold a sweet and succulent flavor. They are a very delicate fruit. They can be eaten raw, baked, stewed, poached and even grilled. Serve with prosciutto ham and sliced melon as an example. Helps aid digestion and are a good source of natural and simple sugars.

\$27.00
case

